

Sandplay Therapy Training

Our Inner Landscape

This three-day retreat is an opportunity for us to focus on the development of our innermost being. We will reflect on the changes in our inner landscape and gauge its impact on our everyday life. We will ponder the dynamics of our current major complexes and learn to have appropriate attitude to work with these inner dynamics. Resolving unconscious conflicts will facilitate unclogging of our system, gain new perspectives and move forward. As clinicians, this process will expand our capacity to work with our clients with their complexes.

Lead by:

Leung Wai Yin, Amy, Ph.D.

Registered Clinical Psychologist

Certified Sandplay Therapist & Teaching Member, ISST

***Date:* 7th – 9th April (Friday to Sunday), 2023**

***Time:* 10:00 am on Friday - 4:00 pm on Sunday**

***Venue:* Tsing Tam Center (TTC), Pat Heung, Yuen Long
(Detailed directions will be sent to participants)**

***Fees:* HK\$4,800 (including room and board)**

***Group size:* Around ten participants**

***Language:* Cantonese**

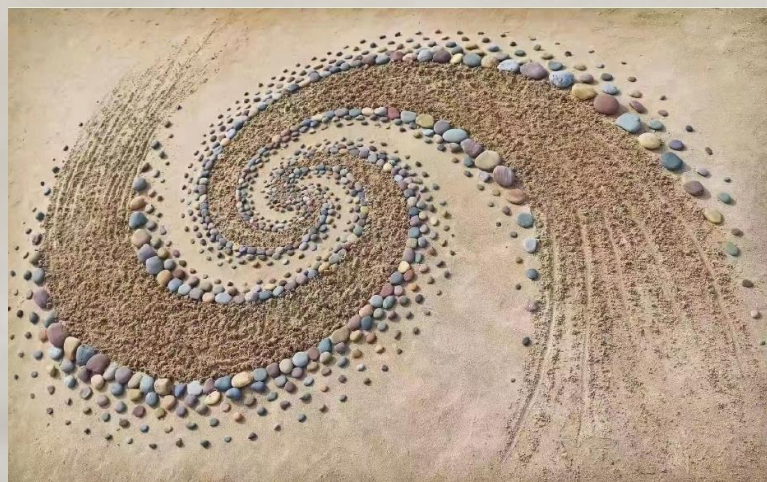
This is an ISST accredited program (18 hours)

A Retreat on Our Inner Landscape

We will enjoy silence and nature, share the roles and influences of the major complexes on our current journey, create sandplay images, and explore related images in dreams and sandplay processes...

Aims of the Retreat

- A time to be more with oneself
- Understanding dominant voices within
- Interacting with conflictual energy
- Exploring relevant images in sandplay
- Sharing night-time dreams
- Develop appropriate attitude to work with our inner dynamics
- Moving forward with new insights



Retreat Facilitator:



Amy Leung Wai Yin, Ph.D., Registered Clinical Psychologist, Certified Sandplay Therapist & Teaching Member, International Society for Sandplay Therapy (ISST). Dr. Leung works as a clinical psychologist in private practice and regularly teaches sandplay therapy and dreams locally and internationally. As a clinician, she is specialized in psychological assessment, individual and family therapy. She worked as a clinical psychologist at the Adolescent Medical Center of the Queen Elizabeth Hospital, and was an Honorary Assistant Professor at the Department of Community Medicine, the University of Hong Kong. She has been a clinical supervisor of many NGO counseling agencies for over two decades. She is a Fellow of the Hong Kong Psychological Society (HKPS). Moreover, she was the founding chair of the Hong Kong Sandplay Therapy Association (HKSTA) and she was the former Vice President, Asia of the International Society for Sandplay Therapy (ISST). Dr. Leung has used dream work extensively with her clients, and has led retreat and silent retreat for many years. Lately, she has run a dream retreat in October 2021, a sandplay therapy retreat on “Crone” in January 2022, and a retreat on “Animus” in May 2022.

APPLICATION

Please apply to this retreat by writing to our email address: ttretreat@gmail.com to provide us with the following information: your name, occupation, organization, address and phone number. It will be helpful if you let us know your background in sandplay therapy. We will reply to confirm your participation.

Retreat Fee: HK\$4,800 (including room and board – two to three participants will share a studio or apartment. The application process will be closed once the places are filled.)

When you received the email that you are accepted to join the retreat, please deposit your payment in the account of “The Progression Psychological Practice”. Then write down your name in the payment slip and email to progression1998@gmail.com. Bank Name: China Construction Bank (Asia) Corporation Limited; Account No: 000427863, Bank Code: 009, Branch Code: 648.

Enquiry: 9429-2255 (WhatsApp only) or ttretreat@gmail.com